



FOR IMMEDIATE RELEASE
December 7, 2010

Contact: Cheryl Knauer
410-568-8808
cknauer@nevinspr.com

MARYLAND WOMEN'S HERITAGE CENTER NAMES LYNNE BRICK AND RHONDA TOMLINSON TO THE BOARD OF DIRECTORS

BALTIMORE – The Maryland Women's Heritage Center announces that Lynne Brick, co-founder and owner of Brick Bodies and Lynne Brick's Health Clubs, and Rhonda Tomlinson, president and CEO of RJ Tomlinson and Associates and founder and co-chair of the Baltimore/Washington Corridor Chamber Women in Business, to its board of directors.

- **Lynne Brick** of Cockeysville, Md., is the co-founder and owner of Brick Bodies and Lynne Brick's Health Clubs, one of the largest women-owned businesses in Maryland. Considered an internationally acclaimed fitness expert, she has presented lectures, workshops, master classes and fitness instructor trainings in over 25 countries. Brick has been featured in more than a dozen fitness videos and has also appeared in radio and television advertisements. She is the author of *Consumer Guide's Step Into Shape* and *Fitness Aerobics by Human Kinetics*.

The recipient of many awards and honors, she was inducted into the Baltimore County Chamber Business Hall of Fame, appointed to the Maryland Commission for Women, given *The Daily Record's Maryland's Top 100 Women* award three times qualifying for "The Circle of Excellence," and named "Maryland's Entrepreneur of the Year" by Ernst and Young.

Her extensive charity work includes serving as a board member of the Maryland Women's Heritage Center, Cystic Fibrosis Foundation Board, and formerly served on several other boards. She graduated with a Bachelor of Science degree in nursing from Towson University and is a former nurse at Maryland Shock Trauma.

- **Rhonda J. Tomlinson**, CPA, a resident of Columbia, Md., has over 25 years of experience in corporate accounting operations of government contractors and is currently the president/CEO of RJ Tomlinson & Associates, LLC. She spent three years working with a Big 8 accounting firm in New York and in Washington, D.C. She has an undergraduate degree in mathematics and a MBA in accounting from C.U.N.Y.

Tomlinson was the first African-American chair of the Baltimore/Washington Corridor Chamber's (BWCC) board of directors and is the founder and co-chair of the BWCC

-more-

MWHC Board: Lynne Brick and Rhonda Tomlinson, page two

Women in Business Group. Through the Women in Business, she serves as a mentor in the STARS program at the Woodland Job Corps Center, which is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training.

Her awards and recognitions include the BWCC Presidential Award (2005), the BWCC's Small Business of the Year Award (2008), Top 100 MBE (2009) *The Daily Record's* Maryland's Top 100 Women (2010), and *SmartCEO* SmartCPA award (2010).

Established to preserve the past, understand the present, and shape the future by recognizing, respecting, and transmitting the experiences and contributions of Maryland women and girls of diverse backgrounds and regions, the Maryland Women's Heritage Center honors Maryland's historical and contemporary renowned women and girls who have been inducted into the Maryland Women's Hall of Fame, as well as the Unsung Heroines who have shaped their families and communities. The first comprehensive state-based center and museum of its kind in the nation, it is an outgrowth of the Maryland Women's History Project that began in 1981 as a collaborative venture between the Maryland Commission for Women and the Maryland State Department of Education.

The Maryland Women's Heritage Center's initial home is located in Baltimore at 39 West Lexington Street at the corner of Lexington and Liberty Streets. Hours of operation are Wednesday – Saturday from 10 a.m. – 4 p.m. For more information call 410-767-0675 or visit www.mdwomensheritagecenter.org.

###

The Maryland Women's Heritage Center was established to preserve the past, understand the present, and shape the future by recognizing, respecting, and transmitting the experiences and contributions of Maryland women of diverse backgrounds and from all regions of the state.

The first comprehensive state-based effort of its kind in the nation, it provides a place to learn and teach about the contributions of Maryland women through the State's history, to develop leadership by girls and women, and to hold forums to address issues impacting girls, women and their families. The Center is an outgrowth of the Maryland Women's History Project that began in 1980 as a collaborative venture between the Maryland Commission for Women and the Maryland State Department of Education. It provides a home to the Maryland Women's Hall of Fame, which has inducted outstanding women since 1985, coordinated by the Women Legislators of Maryland and the Maryland Commission for Women.

Partners of the Maryland Women's Heritage Center are the Maryland Commission for Women, Maryland State Department of Education, Maryland State Education Association, WomanTalk Live, Maryland Public Television (MPT), Girl Scouts of Central Maryland, YWCA of the Greater Baltimore area, Center for Transnational Women's Issues, School Girls Unite, Focus on Women Magazine, and The Women's Journals.